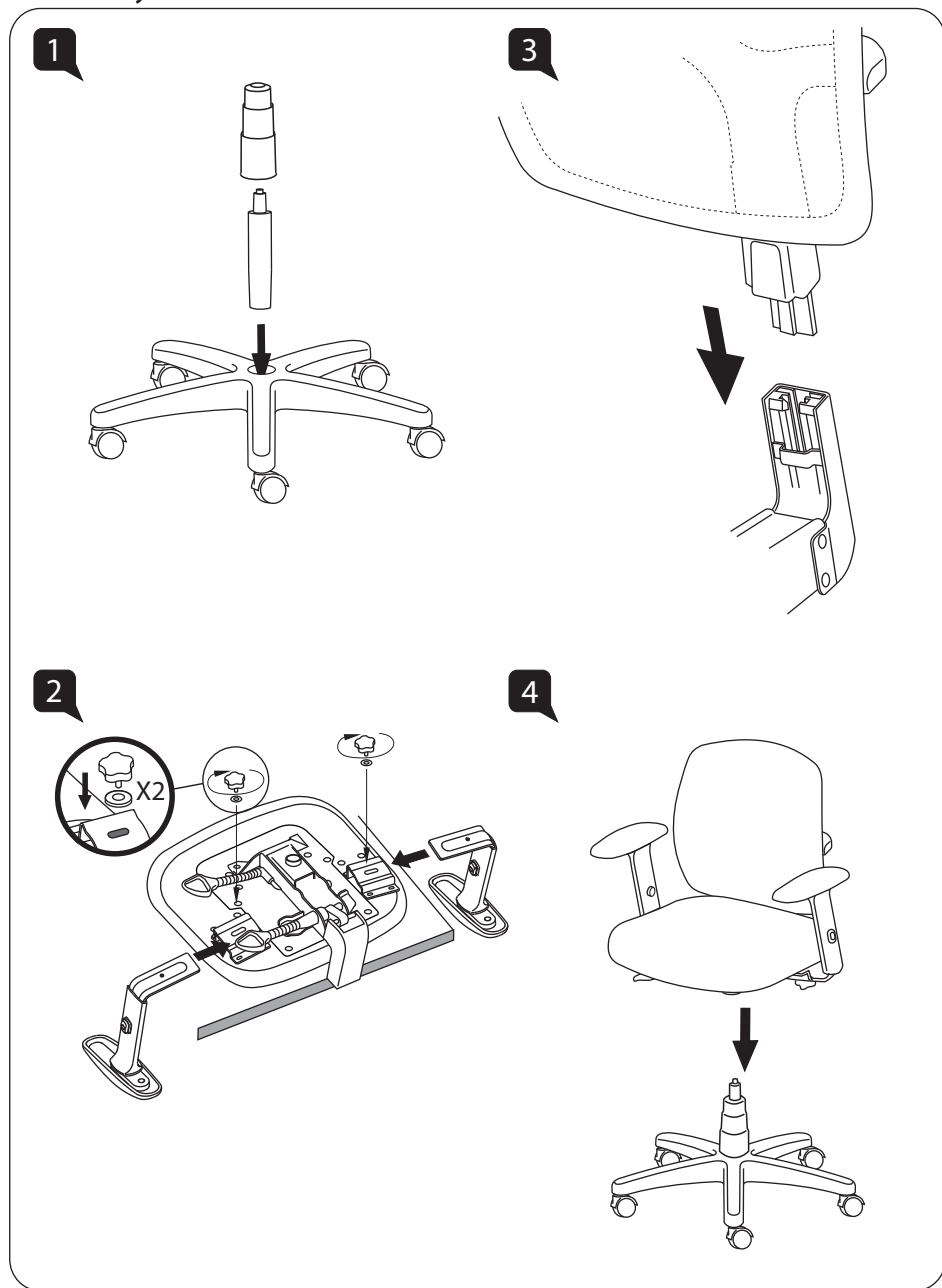


Assembly Instructions



This chair is intended for indoor desk work use. It is equipped with a swivel base and castors to be highly mobile. As such, NEVER stand on chair to reach for high items or sit on its table or armrests or back since it may move off unexpectedly and result in a falling HAZARD.

User Instructions

- A** **Seat Height Adjustable**
Flip up lever on right -side to raise or lower seat. Adjust such that your feet are adequately supported on floor .
- B** **Backrest Angle**
Flip up lever to unlock backrest. Recline to desired position, and flip down lever to lock.
- C** **Armrest Width**
Turn bottom knob clockwise to loosen the armrest and adjust inwards or outwards to suite your shoulder width.
- D** **Armpad Angle**
Grasp armpads and rotate them inwards or outwards to adjust elbow support to suite specific tasks. An inward position works during keyboard use, while an outward position is recommended during mousing.
- E** **Armrest Depth**
Grasp armpads and push them forwards and backwards to suite your arm support.
- F** **Armrest Height**
Press the button and raise or lower the armrest. Adjust height to adequately support elbows to take strain off shoulders.
- G** **Backrest Height**
Hold backrest by both sides and pull up to desired height. T o lower backrest, pull it to maximum height and then, return to lowest height to start again. Adjust height so that the backrest curvature follows the curve of your back.

